

Ringrose Ave, Greystanes 2145 | Ph: 9631 8637 | Website: www.ringrose-p.schools.nsw.edu.au | Email: ringrose-p.school@det.nsw.edu.au

Dates for your Diary

Thursday 24/10 - Friday 25/10

Stage 2 Camp

Friday 25/10

K-6 Assembly - 2:00pm

Tuesday 29/10

Grandparents Day

Wednesday 30/10 - Friday 01/11

K-6 Science Incursion

Friday 01/11

K-6 School Disco

Thursday 07/11

Calmsley Hill Farm
Excursion - Kindergarten

Monday 25/11 - Friday 06/12

School Swimming Scheme

From the Principal's Desk



Dear Parents and Carers,

Welcome back to Term 4! The year has passed swiftly and we are going to be extra busy with school work and activities this term!

Last week, our Years 4, 5 and 6 students participated in the 'Tell Them from Me Survey' (TTFM) which provides valuable information on school and classroom effectiveness, student engagement, and school connectedness from the viewpoint of students. We have been mapping these results twice a year since 2015!

Did you know, from the April 2019 results when comparing our school scores to the state department average:

- We have performed very highly in the following areas
 - Students who value school (RPS 95% / State 96%)
 - Students have a positive outlook on student / teacher relationship in the classroom (RPS 87% / State 84%)
 - Students committed to high levels of effort to their work (RPS 90% / State 88%)
 - Students understand we have high expectations of them (RPS 86% / State 87%)
 - Students who value positive behaviour at school (RPS 92% / State 83%)
 - Students valuing effective learning time (RPS 84% / State 82%)

We are very proud of these scores, especially in the knowledge that since 2015, this year's scores are the highest they've been. We have an excellent learning culture at Ringrose and we take great pride in the fact that we know our students well, we care for each one, and we prioritise seeing every student learning well at school. We look forward to analysing the recent survey and seeing where we can continue to make strong inroads.

Current school achievements and events:

- Congratulations to Madison who represented our school and zone at the Regional Athletics' Carnival in the 1500m race. Maddy came in 14th which is an incredibly high achievement at this level! Well done Maddy!
- Our congratulations to all of the Year 5 students who participated in the Leadership Speeches last Monday. The final speeches of candidates for the 2020 School Captains and Vice Captains election / nomination process will now proceed to final speeches on Tuesday 5 November, 2019. Good luck to you all!
- Mufti Crazy Day – well done to everyone for supporting our Year 6 fundraising efforts and coming dressed in crazy clothes. It was a great day with many zany outfits!
- Good luck to all of our Stage 2 (Years 3&4) students who are attending the camp over the next two days. We trust that you will have a fantastic time!
- Don't forget it's Science Week next week and we are celebrating as follows:
 - Science / STEM and Grandparent's Day – Tuesday 29 October
 - Science Incursion – Classes timetabled in for a session in Week 3.
- P&C Halloween Disco – Friday 1 November.

Yours sincerely,

Mr Loughhead

(Principal)

Gold Awards

Karissa	KB
Noor	KB
Cassius	1A
Aadya	1S
Harrison	3/4O
Munazza	3/4O
Daniel	4M
Taylah	5/6C
Gabriella	5/6C
John Paul	5/6W

Silver Awards

Alexander	KB
Ibrahim	KB
Najam	KB
Lorenzo	KT
Ali	K/1P
Isabella	1A
Roshan	1B
Maroun	1S
Bovindee	1S
Miral	1S
Mohammad	2O
Laura	2O
Amelia	2O
Xavier	2O
Inoke	2O
Hesham	2/3A
Joshua	2/3A
Matthew	2/3A
Joey	2/3A
Jack	2/3A
Hashmat	2/3A
Jasmine	2/3A
Cheyse	2/3A
Sapphire	2/3A
Yannah	2/3A
Aiden	3G
Cassandra	3G
Daneil	3G
Zain	3G

Roy Ringrose has visited KB this week!

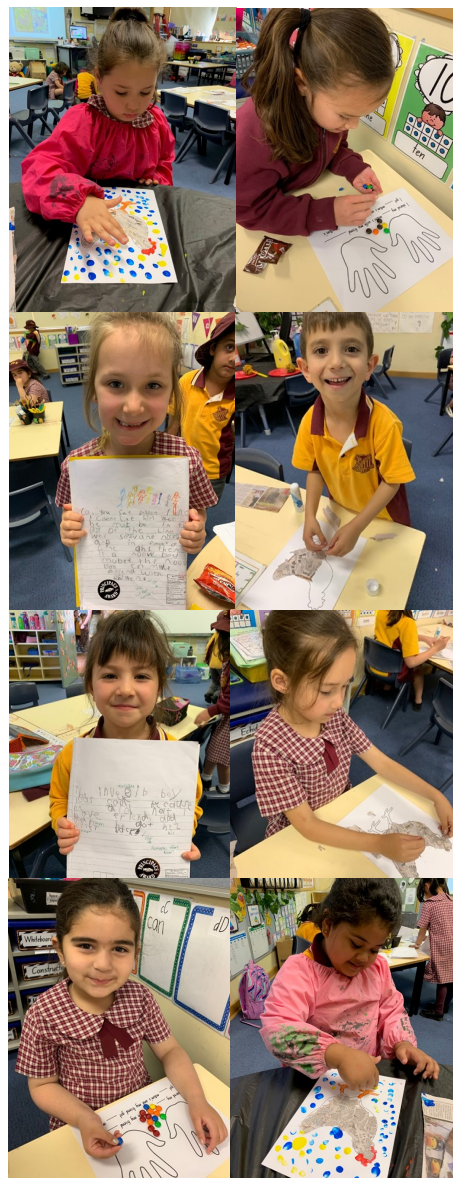
I had a blast visiting KB this fortnight! They have been working so hard and I think, are almost ready for Year 1!

Did you know that KB are writing superstars? They have been learning about all the important elements needed to write a good sentence. KB can remember capital letters, spaces between their words and a full stop at the end of their sentences. They are also great at sounding out words and breaking words apart by clapping out the syllables!

In Mathematics, KB have been learning about Multiplication and Division. They know that when they share objects into groups, the groups have to be equal – otherwise it's not fair. They showed me this important fact when sharing out M&M's between two friends in a maths lesson! KB definitely made sure they had the same amount of M&M's in their group as their friends and later, they got to eat the M&M's. How fun!

The Kindy excursion is fast approaching and KB are counting down the days until they get to go to the farm! What an experience that will be! They will see all the animals they have been learning about in Science. Not only are KB learning what animals live on a farm but they are also learning about what products animals can give us. Make sure you check out the school foyer to see their fantastic artworks of chickens!

Thanks for a super fun time KB, can't wait to see you all again soon!



Office Foyer Display - Week 2 Term 4

* KB - Miss Byfield *



Silver Awards

Mikaella	3/40
Shania	3/40
Ehsan	3/40
Michael	4M
Danielle	4M
Tarek	4M
Leah	4R
Senay	4R
Joel	4R
Elina	5/6C
Ahmad	5/6C
Robert	5/6C
Cassie	5/6M
Summer	5/6M
Helen	5/6S
Shaagini	5/6S
Ava	5/6S
Alanah	5/6S
Amelia	5/6S
Palu	5/6W
Ethan	5/6W
Fizaan	5/6W
Nathan	5/6W
Kharliah	5/6W
Bailey	5/6W
Cooper	5/6W
Daniel	5/6W
Zuleikha	5/6W

Statements of Account

Students may receive a Statement of Account letter this term. This statement notifies parents / carers of any outstanding school payments on your child's financial account.

Outstanding payments can be made in two ways:

1) As a cash payment to the School Office Money Box

OR

2) Online, using the 'Make A Payment' page on the RPS website.

Pssst... It's a P & C Update!

This term we will be holding our disco a little earlier in the term as we are having a Halloween theme. The disco will take place on Friday 1 November and children are encouraged to dress up in costume. We will be running the sausage sizzle as usual so you can grab dinner while the kids dance. A note was sent out this week with all the details.



POSITIONS FILLED: The P&C Committee would like to welcome our new **Fundraising Coordinator, Kayla Ryan** and **Vice President, Marilyn Hassett**. We really appreciate you giving of your time to help us have a positive impact on the school and to do our best for the students.

Happy World Teachers Day to all the wonderful Ringrose teachers. World Teachers Day is being celebrated this Friday, 25 October and on behalf of the parent community P&C have arranged a little surprise for the teachers...more on this next newsletter!

Canteen News

Welcome back to Term 4! I hope everyone has had a relaxing holiday.

Due to overwhelming demand, our Chill J Cola drinks are currently sold out and on backorder. If you are ordering the Chill J Cola drink, please be aware that we will give your child an alternate drink if the one ordered is not available.

The new canteen price list was sent out to all families last term, and again last week. It can also be found on our Skoolbag app and School website. Extra copies can also be collected from the School Office.

Our Canteen fundraiser for this term will be Billy G's Cookie Dough. Order forms will be sent out next week.

We are still in need of helpers, so if you can spare a day to help please contact me on 0411 143 609. Remember, if you help out in canteen your children will receive a free lunch order for the day!

- Mrs Brett (Canteen Coordinator)

Canteen Roster - Term 4 2019

<u>Week 3</u>	<u>Week 4</u>
Mon 28/10 Priscilla Lazanas	Mon 04/11 Atheer Alrabadi
Tues 29/10 Jenn Stapleton	Tues 05/11 Fiza Ijaz
Wed 30/10 Atheer Alrabadi	Wed 06/11 Sam Harvey/Priscilla Lazanas
Thurs 31/10 Sam Harvey	Thurs 07/11 Sam Harvey/Gay Demech
Fri 01/11 Sam Harvey/Susan Porrello	Fri 08/11 Sam Harvey/Heather Nicholas

Ringrose Public School Canteen Roster Term 4, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
14 th October	15 th October	16 th October	17 th October	18 th October
Closed	Closed	Fiza Ijaz	Priscilla Lazanas	Kayla Ryan
21 st October	22 nd October	23 rd October Sam Harvey AM Kayla Ryan PM	24 th October	25 th October
Atheer Alrabadi	Sam Harvey		Gay Demech	Kayla Ryan
28 th October	29 th October	30 th October	31 st October	1 st November
Priscilla Lazanas	Jenn Stapleton	Atheer Alrabadi	Sam Harvey	Sam Harvey & Susan Porello
4 th November	5 th November	6 th November	7 th November	8 th November
Atheer Alrabadi	Fiza Ijaz	Sam Harvey & Priscilla Lazanas	Sam Harvey & Gay Demech	Sam Harvey & Heather Nicholas
11 th November	12 th November	13 th November	14 th November	15 th November
<i>Helper Required</i>	<i>Helper Required</i>	Fiza Ijaz	<i>Helper Required</i>	Kayla Ryan
18 th November	19 th November	20 th November	21 st November	22 nd November
Atheer Alrabadi	<i>Helper Required</i>	<i>Helper Required</i>	Gay Demech	Sam Harvey & Susan Porello
25 th November	26 th November	27 th November	28 th November	29 th November
<i>Helper Required</i>	<i>Helper Required</i>	<i>Helper Required</i>	<i>Helper Required</i>	Kayla Ryan
2 nd December	3 rd December	4 th December	5 th December	6 th December
Atheer Alrabadi	Jenn Stapleton	<i>Helper Required</i>	Gay Demech	Heather Nicholas
9 th December	10 th December	11 th December	12 th December	13 th December
<i>Helper Required</i>	<i>Helper Required</i>	Fiza Ijaz	<i>Helper Required</i>	Sam Harvey & Susan Porello
16 th December	17 th December	18 th December		
Atheer Alrabadi	Jenn Stapleton	Sam Harvey Movie Day/Last Day		

Thank you to everyone who has helped out in canteen this year. Without your help Ringrose canteen could ran the way that is does.

Your child's first smartphone – are they old enough?

Children often have access to devices, including smartphones, from a very young age. Whether it's watching their favourite program through streaming services on your phone, using educational apps or simply viewing photos with you and the family, they are engaging with devices in one form or another.

But when is my child old enough to be given their own mobile phone?

In 2012, the Australian Bureau of Statistics revealed children as young as five years old owned a mobile phone – two percent of children aged between five and eight years old, and 29 percent for children aged five to 14 years. This figure is likely to be higher now!

For many parents and carers, five years old would seem too young. For others, it might offer them peace of mind and security to know they can keep in touch with their child—especially in an emergency.

The right age for your child will depend on their level of maturity. It's worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or encounter problems?



For younger children it's best to start with a mobile phone without internet access, and introduce a smartphone when they demonstrate an appropriate level of maturity. Some younger children might argue that they are ready for a smartphone, especially if their friends already have one. But it's worth holding out until you feel confident that your child is mature enough.

My child has their first smartphone – now what?

When your child receives their first smartphone it's a great opportunity to instil safe online behaviours early on, so they can carry these skills through to their teens and beyond.

Here are some tips for getting them on board with good online habits.

Establish rules at the outset with clear boundaries

Talk about expectations and the consequences for not meeting these rules. Depending on the age of your child, you might want to set up a written signed agreement which lists the rules.

Here are some you may want to agree on:

- No phones after a certain time (i.e. 8.00 pm) – unless in an emergency.
- Keep to daily screen time limits (i.e. 1 hour per school night).
- Family time is a no-phone zone (i.e. dinner).

- Do not share your passwords with others – apart from parents.
- Do not share your real name (or full name), age and address when posting, talking to strangers or on sites where anyone can see it.
- Be kind to people – treat people on the phone as you would face-to-face.
- Do not take or share photos of others (including friends) without their permission.
- Tell a parent or another trusted adult if anything makes you feel uncomfortable, or if a stranger contacts you online.
- Do not purchase or download an app or game without talking to a parent first—especially as these often have minimum age requirements.



Use technology tools to help set the boundaries to keep your child safe

Use parental controls to help manage your child's device and the types of content they can access. Most devices come with parental controls and offer a range of features:

- iPhone: Go to Settings > General > Restrictions. Here you can disable apps or features, prevent access to explicit content and specific webpages.
- Android (Google Play): Go to Play Store > Settings > Parental controls. Most Android phones use Google Play as the digital marketplace for purchasing apps and accessing content. Through Google Play you can restrict the content your child can download or purchase from Google Play.
- Google's Family Link is an app for parents to help manage their child's device and account and offers additional layers of protection. It enables parents to set screen time limits, review app permissions (such as their camera, location, contacts), block apps and approve downloads, block sites and filter content.
- You can also check with your mobile service provider if they offer any parental control tools.

Activate any privacy settings and safety features available on the device, in web browsers and apps. In some cases you can do this through parental controls or when installing apps on their phone. Carefully consider permissions and whether apps really need to access your child's location, contact list, messages and other features.

Help your child set up a pin or password to lock their phone. In addition to protecting their personal information, this will ensure that no one else can use their phone.

Help your child set up strong and unique passwords for their apps and websites. Even if the phone is locked, apps and websites can be accessed from other devices.



Communicate openly with your child, establish and maintain trust

Most importantly, communicate openly with your child about their phone and online use. It's not possible to supervise your child 24/7 and no technology tool is 100 percent effective in protecting them from online risks. So it's really important to establish and maintain trust.

- Talk openly and regularly with your child about their online activities. Show them that you are interested in how they connect with friends, who they talk with and the type of sites they visit.
- If you are using parental controls, be upfront about this and get them on board. Let them know that these can be reviewed and changed as they get older and they continue to demonstrate responsible behaviour.
- Talk about positive online behaviour and about respecting others online. Encourage your child to think carefully before they post, text or share comments or photos so they don't hurt or upset others. Remind them there is a real person at the end of the screen.
- Encourage your child to come to you (or another trusted adult) if they are upset because of an online experience, even if they think they are to blame.